

# Happy Bear Parent Letter



Dear Parent(s),

**Happy Bear will be visiting your child's school on \_\_\_\_\_.**  
(DATE & TIME)

Happy Bear is a presentation for preschoolers, kindergartners, first and second graders. Thousands of Topeka-area children and their families have seen the presentation, and Family Service & Guidance Center is extremely excited to be bringing Happy Bear to your child's school.

The Happy Bear Program is a physical and sexual abuse prevention program that teaches children about touching, being touched and knowing how to protect oneself from abuse. Happy Bear is especially effective because the presentation is highly interactive.

Happy Bear teaches children that:

- Touching can be good, bad or "mixed-up" (sexual abuse)
- They have the right to protect their own bodies and to seek help when touching feels bad or mixed-up
- Mixed-up touch can happen by someone they know – even a friend or family member

Presentations are made in a sensitive, age-appropriate manner. Additional information regarding sexual abuse is included with this letter or you will receive it shortly after the presentation. We encourage you to read the information and ask your child about Happy Bear's presentation. You're also cordially invited to attend the program in your child's classroom.

Family Service & Guidance Center is a nonprofit community mental health center that serves nearly 13,000 children living with anxiety, depression, ADHD and other common issues and their families.

**If you have questions about the Happy Bear presentation, please contact me at 785.232.7965 or [dwishall@fsgctopeka.com](mailto:dwishall@fsgctopeka.com).**

Sincerely,

*Diane L. Wishall*

Diane Wishall  
Happy Bear's Teacher



Happy Bear



FAMILY SERVICE &  
GUIDANCE CENTER

785.232.5005 :: [FSGCtopeka.com](http://FSGCtopeka.com)