



ecip

early childhood
intervention program



FAMILY SERVICE &
GUIDANCE CENTER

ECIP

Even young children can show signs of serious social problems and behavior issues. When they do, it's hard on them and the people who care about them.

FSGC's Early Childhood Intervention Program is a year-round program for children ages 2-6. ECIP services are tailored to meet each child's unique needs. Groups are kept small – usually two adults for eight children – to maximize the benefits for the child.

ECIP staff work with children on important skills that allow them to return to preschool or daycare and prepare them for kindergarten success, including:

- Communication
- Anger management
- Peer relationships
- Listening/Following rules
- Paying attention
- Problem solving
- Self-soothing techniques
- Relaxation
- Appropriate expression of emotions

ECIP teaches interpersonal skills and emphasizes the importance of structure and routine in children's daily activities. All families are encouraged to participate in therapy. In addition, they will receive recommendations from ECIP staff in order to increase the overall health and happiness of the entire family.

ECIP has over 30 years' experience serving preschool children and their families. Eighty percent of our children who successfully complete their treatment plan go on to kindergarten without requiring further intervention.

When a child is referred to ECIP, he or she will be evaluated to determine whether or not they are appropriate for ECIP and, if so, how the program can best help. ECIP offers three different groups.

BUILDING BLOCKS

Building Blocks is a unique group for children ages 2-3 who are having social and emotional difficulties at home, daycare or preschool. Children DO NOT need to be potty trained to participate. Building Blocks is the only ECIP group that does NOT require potty training.

SHINING STARS

Shining Stars is a group for children ages 3-5 who are potty trained. This group meets five days a week. Children will learn to listen and follow directions, stay on task, get along with other children and improve their social, emotional and coping skills. Shining Stars groups are offered in the morning and afternoon.

OASIS (OUR ACTIONS SHOW I'M A STAR)

OASIS is a half-day group for kindergarten-age and 1st grade children who have a hard time succeeding during a full day in the classroom. Our staff will work closely with a child's school to meet his or her unique social and emotional needs. Children attend school for half of the day and OASIS for the other half to work on a wide range of social and emotional skills. As children develop these important skills, they spend less time in OASIS and more time at school.

To learn more, call 785.232.5005 and tell the receptionist you want more information about the Early Childhood Intervention Program.



PRESCHOOL CONSULTATION PROJECT

The Preschool Consultation Project is a collaborative effort between FSGC professionals and preschool and childcare centers in the community. It provides on-site mental health consultation to childcare and preschool professionals at no charge. A Qualified Mental Health Professional will come to your facility to observe a child and then provide recommendations to staff and the parents.

Recommendations are designed to meet the unique needs of the child and help the child function better at his/her childcare center or preschool. Parents are involved as partners in deciding what kinds of interventions will be used with their child and how they will be put into action.

ABOUT US

Family Service & Guidance Center is a nonprofit community mental health center founded in 1904. FSGC serves nearly 12,000 children and families each year with a broad range of services to treat anxiety, depression, ADHD and other common mental health issues.



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10/19